

INTRODUCING healthiestyou

Healthiestyou is the most innovative and comprehensive telehealth and wellness solution on the market, serving as an accessible complement to your company benefit plan. With access to a 24/7 physician network as well as a one-of-its-kind online wellness program, our services help you save money, reduce claims and increase productivity.

CONSULT WITH A DOCTOR = \$0 COST

healthiestyou

hy

MEMBER: John Doe

GROUP: healthiestyou

CALL

866.703.1259
to speak with a doctor

THIS IS NOT INSURANCE

PHYSICIAN ACCESS

Three easy steps to speak with a physician anytime and anywhere. Healthiestyou offers 24/7/365 licensed physician access via phone, email or video in all 50 states.



Visit www.healthnowmd.com and log in to your account or call 866-703-1259.



A healthiestyou care coordinator will initiate your request.



You will be connected with a licensed physician in your state that can consult, diagnose and prescribe.

“Those treated through a telehealth platform did not have higher rates of misdiagnosis or treatment failure.”

JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION

IT'S ALL ABOUT SATISFACTION...

97% members who will use healthiestyou again

93% patients with issues resolved by healthiestyou

95% members who would recommend healthiestyou

TOP 9 HEALTHIESTYOU PHYSICIAN CONSULTS INCLUDE:

- Allergies
- Bronchitis
- Earache
- Sore Throat
- Sinusitis
- Pink Eye
- Strep Throat
- Upper Respiratory Infection
- Urinary Tract Infection

Healthiestyou is not health insurance and we encourage all members to maintain adequate insurance from a responsible provider. Healthiestyou is designed to complement, and not replace, the care you receive from your primary care physician. Physicians are available in all 50 states.

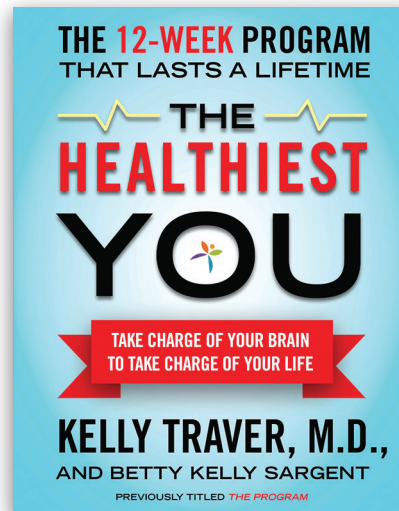
healthiestyou TELEHEALTH | WELLNESS

healthnowmd.com | 602.663.9595

ONE-OF-ITS-KIND Wellness Program

A unique product developed and inspired by a Stanford-trained physician, Kelly Traver, MD. Healthiestyou brings your employees the only smarter-with-use online health program available. This clinically validated program offers:

- Online coaching
- Personalized action plans
- Multiple modalities for interaction (social, gaming, mobile, biosensors)
- Cost effective wellness solutions



PERSONALIZED WELLNESS PROGRAM

Three easy steps to get started...

1

Visit healthiestyou.com to log in to your account, or simply download the healthiestyou iPhone app.

2

Launch your personalized wellness program by completing your health assesment.

3

Begin your path to feeling better!

“Wow. What a difference. I actually have energy and get right up each morning.”

CAROL L., 41-YEAR-OLD
MOTHER OF ONE

SUCCESS STATS:

95% members who showed improved nutrition

74% relieved stress levels

81% reported improved mood

AREAS OF IMPROVEMENT

- Weight
- Nutrition
- Physical Activity
- Stress
- Mood
- Sleep
- Smoking Cessation
- Diabetes

Healthiestyou is not health insurance and we encourage all members to maintain adequate insurance from a responsible provider. Healthiestyou is designed to complement, and not replace, the care you receive from your primary care physician. Physicians are available in all 50 states.